

<p>ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED</p> <p>8:40-10:15 Church Service - O 10:15 Westminster Presbyterian Church Shuttles - O</p>	<p>10:30 Chair Exercise - DR 11:00 Rosary - DR 1:30 WU - Flow-Motion - FC</p>	<p>1:15 WU-Stabilization Endurance - FC 1:30 Community Work - Flower Arrangements - M 3:00 Bible Hour - TC -5th</p>	<p>10:00 Seamstress Visit - DS 10:30 Strengthen Exercise - M 1:15 Bingo and Prizes - M 3:45 Ice Cream Social - M</p>	<p>8:00 Making Breakfast - DR 9:30 Tai Chi - FC 10:30 Catholic Service - DR 11:15 Chair Aerobics - M 1:15 WU-Strength Resistance Training - FC</p>	<p>9:30 1:1 Walking Fitness - O 9:45 Dance Aerobics - FC 10:30 Ball Fitness - S 2:00 Shabbat Service - Conf</p>	<p>2:00 Matinee Movie-Whth-Ch-2 7:00 Evening Movie-Whth-Ch.2</p>
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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<p>If you are planning to sign up for any outings, please see Maricel Obanil</p>	<p>New Year's Day 9:30 Centerpiece Creation -Inn-4th 11:00 News & Views -Inn-3rd 12:00 Piano w/James - SDR 1:15 Trivia Challenge - Springs-M 2:15 Popcorn Social -L by Theater</p>	<p>10:30 Baking Session - Pumpkin Bread - M 11:00 Adopt A Hallway - M 3:30 WU-Music Therapy w/Cheryl - DR 6:15 Balloon Social - M</p>	<p>11:00 Arts and Crafts: Puzzle Art - M 4:00 WU-History Talk - Lake Tahoe CA - M</p>	<p>11:15 Lunch Outing - Pho Restaurant - O 3:30 Mr. Musicman Bob, vocals/keyboard - DR</p>	<p>11:15 Making Soup - Tomato Soup - DR 1:15 Lovely Manicure - M 3:00 Mix and Mingle & January Birthday Celebration w/ Ernie Tolley,vocals/guitar - SR</p>	<p>10:30 Chair Exercise - Inn-3rd 11:15 Trivia Challenge - M 1:15 Art Coloring - M 2:30 Bingo - SR 3:45 Scrabble - Inn-3rd</p>
<p>10:30 WH Church Service - DR 2:30 Sunday Musicale: "Songs to warm your heart" w/ Nancy Scimone singer/pianist - DR 5:00 Christian Worship Service - SR</p>	<p>11:30 Strolling Accordion by Sylvia -DR 1:15 UNO Card Game - M 3:45 Popcorn Social - M 4:00 Coping w/ Life Changes - M 6:45 Musicale Tribute to Elvis Presley by Randoll Rivers - SR</p>	<p>10:30 Baking Session - Cranberry - M 11:00 Storytelling w/ Winoka - M 3:30 Piano w/James - DR 6:15 Balloon Volleyball - M</p>	<p>10:30 WU-Acrylic Painting - ART 11:00 Carfts Session - Winter Garland - M 4:00 WU-History Talk - Phoenix, AZ - M</p>	<p>1:15 WU-Famous People: Elvis Presley - M 1:30 Scenic Ride - O 3:30 String Music w/ Marta - DR 4:45 Kennedy Center Millennium-O 6:00 Caregiver's Support - Conf. 6:15 Bowling Night - M</p>	<p>11:15 Making Soup - Potato Soup - DR 1:15 WU-Health Talk: Glaucoma Awareness - S 3:00 Mix & Mingle "Big Band Hits" by Tim Ford, vocals/piano - SR</p>	<p>11:00 Wake Up & Workout- The Springs-M 11:30 Trivia Challenge -Springs-M 1:15 Snowflake Craft -Springs-M 2:15 Bingo Bonanza - SR 3:30 Farkle Dice Game - Inn-3rd</p>
<p>10:30 WH Church Service - DR 5:00 Christian Worship Service - SR</p>	<p>Martin Luther King Jr. 10:30 Chair Fitness - Inn-3rd 11:15 Trivia - All About Martin Luther King JR - M 1:15 UNO Card Game - M 2:30 Word Game w/Dee - Inn-4th 6:45 WSH Artist Series - Concert pianist, Bertram McLeish - SR</p>	<p>10:30 Baking Session - Banana Nut Muffin - M 11:00 Show and Tell - M 3:30 Bluegrass/Country music - DR 6:15 Frisbee Social - M</p>	<p>11:15 Crafts Corner - Winter Centerpiece - M 4:00 WU-History Talk - All About China - M</p>	<p>1:15 WU-Famous People - Martin Luther King JR - M 4:30 China Themed Event Social w/ David & Sarah - DR 5:00 Chinese Cuisine Themed Dinner - DR 7:00 Air Force Band at Schlesinger Hall - O</p>	<p>10:30 Making Soup - Tom Yum Soup - DR 1:15 Resident Council Meeting - AR 3:00 Mix & Mingle w/ The Old Dominion Trio - SR</p>	<p>10:30 Wake Up & Workout - Inn- 3rd 11:30 Card Conversations -The Springs-M 1:15 Trivia Challenge - Springs-M 2:15 Bingo Bonanza - SR 3:30 Farkle Dice Game -Inn-3rd</p>
<p>10:30 WH Church Service - DR 3:00 Students' Piano Recital by Carol Sikkelee - SR 5:00 Christian Worship Service - SR</p>	<p>1:15 UNO Card Game - M</p>	<p>10:30 Baking Session - Brownies - M 11:00 Fun Facts - M 3:30 Big Bang Hits w/ Tim, vocals/piano - DR 6:15 Balloon Volleyball - M</p>	<p>10:30 WU-Acrylic Painting -ART 11:00 Crafts Corner - Mixed Media Collages - M 2:00 WU-Art Lecture "Renoir and his Times" - SR 4:00 WU - History Talk - "Kauai" Island in Hawaii - M</p>	<p>11:00 WU-Famous People: Betty White - M 1:30 Trip to Torpedo Art Factory - SR 3:30 Piano w/James - DR 6:15 Bowling Night - M</p>	<p>10:30 Making Soup - Chicken Soup - M 1:15 Lovely Manicure - M 3:00 Mix & Mingle w/ Davis Bradley Duo "Country/ Bluegrass music" - SR</p>	<p>10:30 Chair Exercise - Inn-3rd 11:15 Brain Teaser - Who Am I ? - M 1:15 Card Conversation - M 2:30 Bingo - SR 3:45 Puzzle Mania - Inn-3rd</p>
<p>10:30 WH Church Service - DR 5:00 Christian Worship Service - SR</p>	<p>1:15 UNO Card Game - M 3:45 Popcorn Social - M 4:00 Bereavement Group - M</p>	<p>10:30 Open Communion - C 10:30 Baking Session - Cookies - M 11:00 Tell Us Your Story - M 3:30 Swing Music w/ Ernie, vocals/guitar - DR 6:15 Frisbee Social - M</p>	<p>11:00 Crafts Corner - Q - Tips Painting - M 4:00 WU - History Talk - Charleston, SC - M</p>	<p>January Resident Birthdays Karl Linder 4 Lenore Gorder 5 Mary McCarthy 6 Adele Powers 6 Christine McCaskie 10 Marva Williams 15</p>	<p>January Resident Birthdays John Biehl 23 Dorothy Traub 27 Carolyn Bliss 28 Robert Dunlap 28 Marie Farrington 28 Annie Garvin 28</p>	<p>January Resident Birthdays Michael Danbury 30</p>

<p>Activities are subject to change.</p>	<p>JANUARY 2018 <i>The Springs</i></p>	<p>ACTIVITY LOCATOR KEY</p> <p>TC- Town Center C- Chapel L- Lobby LL- Lobby Library FC - Fitness Center</p>	<p>PDR- Private Dining Room ART - Art Room DR- Dining Room AR - Activity Room MDR - Main Dining Room S- Solarium M - Martha Hall</p>	<p>Inn- Assisted Living O - Outing SR - Sky Room Conf- Conference Room T- Theater G - George Hall</p>
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