

ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED	10:30 Chair Exercise - Inn-3rd 11:00 Rosary - SDR 1:30 WU-Flow Motion -FC 3:15 Trivia - SR 3:30 WU-Line Dancing - FC	9:30 Tai Chi-FC 11:00 Stretch & Flex - Inn-2nd 1:15 WU-Stabilization Endurance-FC 1:30 Art w/coloring - Inn-2nd 3:00 - 5:00 Rosary-SR 3:00 Bible Hour-TC-5th 6:15 UNO Game - Inn-3rd	10:00 Seamstress Visit -DS 10:30 Seated Fitness-Inn-3rd 11:00 WU-Famous Places 1:00 WU-Needleworks Social -TC-5th 2:00-4:00 Bridge Game -TC-9th 3:00 Ice Cream & Hot Chocolate Social -CBC 3:30 WU-Flow Yoga -FC	9:30 WU-Tai Chi-FC 10:30 Catholic Service - SDR 11:00 Get Fit - Inn-4th 12:45 Rummikub-TC-9th 1:15 WU-Strength Resistance - FC 1:45 WU-Skytones Rehearsal-SR 3:15 Trivia-SR 6:15 Wii Bowling -Inn-4th	9:45 Dance Aerobics - FC 10:30 Stretch & Flex - Inn-3rd 11:00 WU-Famous People - Inn-3rd	2:00 Matinee Movie-Whth-Ch.2 7:00 Evening Movie-Whth-Ch.2
---	--	--	--	--	--	--

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
--------	--------	---------	-----------	----------	--------	----------

<p>ACTIVITIES ARE SUBJECT TO CHANGE WITH PRIOR NOTICE. Please refer to our daily sheets for more updated programs & events.</p>				<p>11:30 WU-Famous Events "Battle of Stalingrad" - Inn-4th 1:30 Craft Creation - Inn-2nd 3:00 Talks & Tea - Inn-3rd 3:00 WU- Computer 101 -LL 3:30 Music Man Bob, keyboard- SDR 4:15 Armchair Theater - ART</p>	<p>10:00 Crossroad Shopping-O 1:15 UNO Madness-Inn-3rd 2:00 Shabbat Service-Conf 3:00 Mix & Mingle & February Birthday Celebration w/Stan Hamrick, vocals/guitar -SR</p>	<p>10:15 Chair Fitness - Inn-3rd 11:15 Accordion Music w/Sylvia -SDR 1:15 Trivia Challenge - Springs-M 2:15 Weekend Bingo - SR 3:30 Farkle Dice Game - Inn-3rd</p>	
	<p>10:30 WH Church Service-SDR 4:30-5:00 Super Bowl Pizza Social -SR 5:00 Christian Worship Service -C</p>	<p>9:30 Centerpiece Creation-Inn-3rd 10:00 WU-Current Events - LL 11:00 News & Views -Inn-3rd 11:30 Strolling Accordionist-Springs 2:30 WU-Health Talk "Mechanisms of Stroke" by Roger Koment, PhD -SR 4:00 Coping w/Life Changes-Spr.</p>	<p>11:00 Food Comm. Meeting-MDR 11:30 Reminiscing - Inn-2nd 1:00 Garden Club Mtg. - TC-7th 2:45 Wii Game- Inn-4th 3:30 WU-Music Therapy-SDR 4:15 Parkinson's Support Group -ART</p>	<p>10:30 WU-Acrylic Painting-ART 2:30 WU-History Talk "Mexican-American War"- Inn-3rd</p>	<p>11:30 Fun Trivia - Inn-4th 1:30 The Inn Scenic Bus Ride -O 3:30 Piano w/James - SDR 4:45 Kennedy Center Free Concert -O 6:00 Caregivers Support Group -Conf</p>	<p>10:00 Crossroad Shopping-O 1:15 UNO Madness-Inn-3rd 2:00 Shabbat Service-Conf 3:00 Mix & Mingle w/ Jerry Roman, piano "Songs of Love" -SR</p>	<p>10:30 Chair Fitness - Inn-3rd 1:15 Word Challenge - How many words can you create? - M 2:15 Bingo Bonanza - ART 6:45 WSH Artist Series: David Pedraza, viola & Anna, piano - SR</p>
	<p>10:30 WH Church Service-SDR 1:30 Marine Chamber Orchestra Free Concert at Schlesinger Hall -O 2:30 Students' Piano and Cello Recital -SR 5:00 Christian Worship Service -SR</p>	<p>9:30 Centerpiece Creation-Inn-4th 11:30 Strolling Accordionist -Springs 2:30 WU-Culinary Concepts by Robert McKeon --MDR</p>	<p>11:30 Word Games - Inn-2nd 2:00 Resident Council Mtg. - SR 4:30 Mardi Gras "Fat Tuesday" Theme Event Social w/ Bill Mulligan's Dixieland Music -L 5:00 Cajun Cuisine & music -MDR</p>	<p>Valentine's Day Ash Wednesday 12:00 Piano w/James - SDR 1:30 Speak Easy - Inn-3rd 2:30 Scrabble - Inn-4th 5:00 Valentine's Day Music with Peter Fields, guitar - MDR</p>	<p>11:30 The Inn Lunch Outing -O 3:15 Talks & Tea - Inn-3rd 3:30 Piano w/James - SDR 3:30 WU-"Famous Valentine events in history"- Inn-3rd</p>	<p>10:00 Crossroad Shopping-O 1:15 UNO Madness-Inn-3rd 2:00 Shabbat Service-Conf 3:00 Mix & Mingle w/ The Old Dominion Trio "Music of the 40s, 50s, & 60s" -SR</p>	<p>10:30 Wakeup & Work out- Inn-3rd 11:30 Art w/Coloring -Springs-M 1:15 Trivia Challenge -Springs-M 2:15 Weekend Bingo - SR 3:30 Farkle (Dice Game) -Inn-3rd</p>
	<p>10:30 WH Church Service-SDR 5:00 Christian Worship Service -SR</p>	<p>9:30 Centerpiece Creation-Inn-2nd 10:00 WU-Current Events - LL 2:30 Cookies & Hot Chocolate Social -Inn-4th 3:00 Community Sing-Along -SDR 6:45 "Wintertime Jazz" by Christiana Drapkin's Jazz Trio - SR</p>	<p>11:00 House Comm. Mtg.-Conf 11:30 Story/Reflections - Inn-2nd 2:45 Manicures - Inn-2nd 3:30 Bluegrass/Country Duo -SDR</p>	<p>10:30 WU-Acrylic Painting-ART 11:00 Care Comm. Meeting-Conf 2:30 WU-History Talk "1942 Japanese-American Internment" -Inn-3rd</p>	<p>Movie Outing -TBD 11:30 Fun Trivia - Inn-4th 1:30 Craft Creation - Inn-2nd 3:00 Talks & Tea - Inn-3rd 3:15 Battle of the Sexes - SR 7:30 The U.S. Air Force Band Free Concert at Schlesinger Hall -O</p>	<p>10:00 Trader Joe's Shopping- O 1:15 UNO Madness-Inn-3rd 2:00 Shabbat Service-Conf 3:00 Mix & Mingle w/ Me & Martha "Bluegrass/Country/ Folk music and more-SR</p>	<p>10:30 Chair Fitness - Inn-3rd 11:15 Accordion Music w/ Sylvia - SDR 1:15 Card Conversation - M 2:30 Bingo - SR 3:45 Trivia - Who Am I? - M</p>
	<p>10:30 WH Church Service-SDR 2:00 Students' String Recital -SR 5:00 Christian Worship Service -SR</p>	<p>9:30 Centerpiece Creation-Inn-3rd 2:00 WU-Book Review -LL 4:00 Bereavement Support Group - The Springs-M</p>	<p>10:30 Open Communion -C 11:30 Word Games - Inn-2nd 2:45 Manicures - Inn-2nd 3:30 Swing Music w/Ernie Tolley, vocals/guitar -SDR</p>	<p>10:30 WU- Art w/Pencils -ART 11:00 Activity Committee Mtg-Conf 1:00 WU-Needleworks Social-TC-5th 2:30 WU- Great Decisions "Media & Foreign Policy" -SR</p>	<p>February Resident Birthdays Marlon Willson 5 Claudia Gault 8 Nancy Wallace 9 Akiko Lloyd 10 Joseph McMillan 10 Peggy Ross 10</p>	<p>February Resident Birthdays Mildred Kashmere 14 Rabieh Malik 15 Caroline Seeger 17 Robert Coffey 18 Karl Duff 18 Anna-Marie Cahoon 24</p>	<p>February Resident Birthdays Mary Conley 24 Eleanor Loud 26</p>

ACTIVITY LOCATOR KEY	<p>FC- Fitness Center G- George Unit Inn- Assisted Living (2nd,3rd,4th) L- Lobby LL- Lobby Library M- Martha MDR- Main Dining Room</p>	<p>O- Outing S- Solarium SDR- Springs Dining Room The Springs- Healthcare SR- Sky Room T- Theater Town Center- Independent Living</p>
----------------------	--	---

FEBRUARY 2018

Town Center/The Inn