

<p>ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED</p> <p>8:40-10:15 Church Shuttle-O 10:15 Westminster Presbyterian Church Shuttles-O 10:15 Blessed Sacrament Shuttle-O</p>	<p>10:30 Chair Exercise - Inn-3rd 11:00 Rosary - SDR 1:30 WU-Flow-Motion - FC 3:15 Trivia - SR 3:30 WU-Line Dancing - FC</p>	<p>9:30 Tai Chi-FC 11:00 Stretch & Flex - Inn-2nd 1:15 WU-Stabilization Endurance-FC 1:30 Art w/coloring - Inn-2nd 2:00-4:00 Bridge Game - TC-9th 3:00-5:00 Rosary-SR 3:00 Bible Hour-TC-5th 6:15 UNO Game - Inn-3rd</p>	<p>10:00 Seamstress Visit - DS 10:30 Seated Fitness-Inn-3rd 11:00 WU-Famous Places-Inn-3rd 1:00 WU-Needleworks Social-TC 5th 3:00 Ice Cream Social-CBC 3:30 WU-Flow Yoga - FC</p>	<p>9:30 WU-Tai Chi-FC 10:30 Catholic Service-SDR 11:00 Get Fit - Inn-4th 12:45 Rummikub-TC-9th 1:15 WU-Strength Resistance - FC 1:45 WU-Skytones Rehearsal-SR 3:15 Trivia-SR 6:15 Wii Game - Inn-4th</p>	<p>9:45 WU-Dance Aerobics - FC 10:30 Stretch & Flex - Inn-3rd 11:00 WU-Famous People - Inn-3rd 11:30 Traveling Accordionist - Inn</p>	<p>2:00 Matinee Movie-Whth-Ch.2 7:00 Evening Movie-Whth-Ch.2</p>
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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<p>ACTIVITIES ARE SUBJECT TO CHANGE WITH PRIOR NOTICE. Please refer to our daily sheets for more updated programs & events.</p>	<p>New Year's Day 9:30 Centerpiece Creation -Inn-4th 10:00 WU-Current Events - LL 11:00 News & Views -Inn-3rd 12:00 Piano w/James - SDR 1:15 Trivia Challenge - Springs-M 2:15 Popcorn Social -L by Theater</p>	<p>11:00 Food Comm. Meeting-MDR 11:30 New Year's Resolutions- Inn-2nd 1:00 Garden Club Mtg. - TC-7th 2:45 Fitness Machine Demo- FC 3:30 WU-Music Therapy-SDR 4:15 Parkinson's Support Group -ART</p>	<p>2:30 WU-History Talk "Emancipation Proclamation" - Inn-3rd</p>	<p>11:30 Fun Trivia - Inn-4th 1:30 Cards for Hospitalized Kids -Inn-3rd 3:00 WU- Computer 101 -LL 3:00 Talks & Tea - Inn-3rd 4:00 WU- Armchair Theater - LL</p>	<p>10:00 Crossroad Shopping-O 1:15 UNO Madness-Inn-3rd 2:00 Shabbat Service-Conf 3:00 Mix & Mingle and January Birthday Celebration w/Ernie Tolley, vocals/guitar - SR</p>	<p>10:30 Chair Exercise -Inn-3rd 11:15 Trivia Challenge -Springs-M 1:15 Art Coloring -Springs-M 2:30 Weekend Bingo - SR 3:45 Scrabble- Inn-3rd</p>
<p>10:30 WH Church Service-SDR 2:30 Sunday Musicales w/Nancy Scimone, pianist/soprano "Songs to warm your heart" -SR 5:00 Christian Worship Service -SR</p>	<p>9:30 Centerpiece Creation-Inn-2nd 11:30 Strolling Accordionist- Springs 4:00 Coping with Life Changes Support Group w/Colin -Springs-M 6:45 Musical Tribute to Elvis Presley by Randall Rivers -SR</p>	<p>11:30 Reminiscing- Inn-2nd 2:00 Resident Council Mtg - SR 2:00 WU- Nutrition Talk -ART 3:00 Scrabble game- Inn-4th 3:30 Piano w/James -SDR 4:15 Aroma/Meditation -Inn-4th</p>	<p>10:30 WU-Acrylic Painting-ART 1:30 Speak Easy for AL - Inn-3rd 2:30 WU- Old Time Radio "The Abbott & Costello Show" -Inn-3rd</p>	<p>11:30 WU-Famous Events "First service of the Metropolitan Railway" - Inn-4th 1:30 The Inn Scenic Bus Ride -O 3:30 String Music w/Marta- SDR 4:45 Kennedy Center Free Concert-O 6:00 Caregivers Support Group-Conf</p>	<p>10:00 Crossroad Shopping-O 1:15 UNO Madness-Inn-3rd 2:00 Shabbat Service-Conf 3:00 Mix & Mingle w/Tim Ford, vocals/piano "Big Band Hits" -SR</p>	<p>11:00 Wake Up & Workout-Springs-M 11:30 Trivia Challenge -Springs-M 1:15 Snowflake Craft -Springs-M 2:15 Bingo Bonanza - SR 3:30 Farkle Dice Game - Inn-3rd</p>
<p>10:30 WH Church Service-SDR 5:00 Christian Worship Service -SR</p>	<p>Martin Luther King, Jr. Day 9:30 Centerpiece Creation-Inn-3rd 10:00 WU-Current Events - LL 11:30 Madd Hatter's Lunch - O 2:30 Word Game w/Dee - Inn-4th 6:45 WSH Artist Series presents Bertram McLeish, concert pianist -SR</p>	<p>11:00 House Comm. Mtg.-Conf 11:30 Word Games - Inn-2nd 2:30 WU-Health Talk "" - Inn- 3rd 3:30 Bluegrass & Country Music -SDR 4:00 WU- Ballroom Dance -FC</p>	<p>10:00-12:00 Health Expo -MDR 11:00 Care Comm. Meeting-Conf 2:30 WU-History Talk "Martin Luther King, Jr." - Inn-3rd</p>	<p>11:30 WU-Famous Events "1966 Palomares B-52 crash"- Inn-4th 1:30 Craft Creation - Inn-2nd 3:30 Piano w/James - SDR 4:30 Chinese-Themed Event Social -L 5:00 Chinese Cuisine -MDR 7:30 Air Force Band, Schlesinger Hall-O</p>	<p>10:00 Crossroad Shopping-O 1:15 UNO Madness -Inn-3rd 2:00 Shabbat Service-Conf 3:00 Mix & Mingle w/The Old Dominion Trio "Music of the 40s,50s, & 60s" -SR</p>	<p>10:30 Wake Up & Workout- Inn-3rd 11:30 Card Conversations -Springs-M 1:15 Trivia Challenge - Springs-M 2:15 Bingo Bonanza - SR 3:30 Farkle Dice Game -Inn-3rd</p>
<p>10:30 WH Church Service-SDR 3:00 Students' Piano Recital by Carol Sikkelee -SR 5:00 Christian Worship Service -SR</p>	<p>9:30 Centerpiece Creation-Inn-4th 11:00 News & Views - Inn-3rd 1:15 Karaoke -T 2:30 Scrabble game -Inn-4th</p>	<p>11:30 Story/Reflections - Inn-2nd 2:30 Manicures - Inn- 2nd 3:30 Big Band Hits w/Tim -SDR</p>	<p>10:30 WU-Acrylic Painting-ART 1:45 WU- Balance Stabilization -FC 2:00 WU- Art Lecture "Auguste Renoir" w/Roshna Kapadia -SR 2:30 WU- Old Time Radio "The Fred Allen Show" -Inn-3rd</p>	<p>11:30 Fun Trivia - Inn-4th 1:30 Torpedo Art Factory -O 3:00 Talks & Tea - Inn-3rd 3:15 Battle of the Sexes - SR</p>	<p>10:00 Target Shopping-O 1:15 Resident UNO Game -Inn-3rd 2:00 Shabbat Service-Conf 3:00 Mix & Mingle w/Davis Bradley Duo "Country & Bluegrass" - SR</p>	<p>10:30 Chair Exercise- Inn-3rd 11:15 Brain Teaser"Who Am I?" - Springs-M 1:15 Card Conversation -Springs-M 2:30 Weekend Bingo- SR 3:45 Puzzle Mania- Inn-3rd</p>
<p>10:30 WH Church Service-SDR 1:30 Marine Chamber Orchestra: Grieg's Piano Concerto at Schlesinger Hall (free) -O 5:00 Christian Worship Service -SR</p>	<p>9:30 Centerpiece Creation-Inn-2nd 2:00 WU-Book Review -LL 4:00 Bereavement Support Group w/ Colin -Springs-M</p>	<p>10:30 Open Communion -C 11:30 Word Games - Inn-2nd 2:30 Manicures - Inn- 2nd 3:30 The Soul Tones of Swing - SDR</p>	<p>11:00 Activity Comm. Mtg.-Conf. 1:45 WU- Balance Stabilization -FC 2:30 WU-Great Decisions "The Waning of Pax Americana?" -SR</p>	<p>January Resident Birthdays Karl Linder 4 Lenore Gorder 5 Mary McCarthy 6 Adele Powers 6 Christine McCaskie 10 Marva Williams 15</p>	<p>January Resident Birthdays John Biehl 23 Dorothy Traub 27 Carolyn Bliss 28 Robert Dunlap 28 Marie Farrington 28 Annie Garvin 28</p>	<p>January Resident Birthdays Michael Danbury 30</p>

<h1>JANUARY 2018</h1> <p>Town Center/The Inn</p>	<p>ACTIVITY LOCATOR KEY</p> <p>AR- Activity Room ART- Art Room C- Chapel CBC- Cherry Blossom Cafe Conf- Conference Room</p>	<p>FC- Fitness Center G- George Hall Inn- Assisted Living L- Lobby LL- Lobby Library M- Martha Hall MDR- Main Dining Room</p>	<p>O- Outing S- Solarium SDR- Springs Dining Room The Springs- Healthcare SR- Sky Room T- Theater Town Center- Independent Living</p>
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