

ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED	10:30 Chair Exercise - Inn-3rd 1:30 WU-Flow-Motion - FC 3:15 Trivia - SR 3:30 WU-Line Dancing - FC	9:30 Tai Chi-FC 11:00 Stretch & Flex - Inn-2nd 1:30 WU-Stabilization Endurance-FC 3:00-5:00 Rosary-SR 3:00 Bible Hour-TC-5th 6:15 UNO Game - Inn-3rd	9:00 Walking Buddy w/Maricel - FC 10:00 Seamstress Visit - DS 10:30 Seated Fitness-Inn-3rd 11:00 WU-Famous Places-Inn-3rd 1:00 WU-Needleworks Social-TC 5th 3:00 Ice Cream Social-CBC 3:30 WU-Flow Yoga - FC	9:30 WU-Tai Chi-FC 10:30 Catholic Service-SDR 11:00 Get Fit - Inn-4th 12:45 Rummikub-TC-9th 1:30 WU-Strength Resistance - FC 1:45 WU-Skytones Rehearsal-SR 3:15 Trivia-SR 6:15 Canasta Card Game - Inn-4th	9:45 WU-Dance Aerobics - FC 10:30 Stretch & Flex - Inn-3rd 11:30 Accordion w/Sylvia - Inn -2nd 12:00-2:00 Summer Cookout -HC Patio	2:00 Matinee Movie-Whth-Ch.2 7:00 Evening Movie-Whth-Ch.2
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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10:30 WH Church Service-SDR 5:00 Christian Worship Service -SR 1	9:30 Centerpiece Creation-Inn-2nd 10:00 Current Events - LL 11:00 WU-Wellness Talk - Inn-3rd 1:30 Wii Game - Inn-4th 3:00 Balloon Volleyball - Inn-4th 2	11:00 Food Comm. Meeting-MDR 11:30 Word Games -Inn-2nd 1:00 Garden Club Mtg. - TC-7th 1:30 Art w/coloring - Inn-2nd 3:00 Scrabble - Inn-4th 3:30 Big Band Favorites w/Tim, vocals/piano -SDR 3	Happy Independence Day! 10:30 Chair Exercise - Inn-3rd 11:00 Celebrate the 4th w/Adam, "1950s Jukebox" - The Springs-DR 1:30 Fourth of July Trivia - The Springs - M 6:45 Fourth of July Music with Old Dominion Trio "From Patriotic songs to the music of the 40s, 50s, 50s" - SR (Refreshments to follow) 4	11:00 Card Conversations - Inn-2nd 1:30 Craft Creation - Make your own herb garden - Inn-2nd 3:00 WU-Computer 101 - LL 3:30 Mr. Music Man Bob - SDR 5	<u>10:00 Shopping using our van - O</u> 11:00 WU-Famous People - Inn-3rd 1:30 UNO Madness-Inn-3rd 2:00 Shabbat Service-Conf 3:00 Mix & Mingle and July Resident Birthdays w/Ernie, vocals/guitar "The Soul Tones of Swing" - SR 6	10:30 Chair Exercise - Inn-3rd 11:15 Piano w/ James - DR 1:30 Art Coloring - Spring - M 2:30 Bingo - ART 4:00 Summer Concert by The Nitehawks Swing (12 piece band) -SR 7
10:30 WH Church Service-SDR 5:00 Christian Worship Service -SR 8	9:30 Centerpiece Creation-Inn-2nd 11:00 Big Crosswords - Inn-3rd 1:30 Wii Game - Inn-4th 3:00 Popcorn Social - T 9	2:00 Resident Council Mtg. - SR 3:00 Scrabble - Inn-4th 1:30 Lovely Manicure - Inn-2nd 3:30 Country/Bluegrass music w/Davis-Bradley Duo - SDR 10	9:00 Walking buddy w/ Maricel - SL 10:30 WU-Painting Class-ART 11:00 WU-Famous Places "The Bahamas" -Inn-3rd 1:30 Speak Easy for AL - Inn-3rd 11	11:30 Assisted Living Living (The Inn) Lunch Outing - TBA 3:30 Piano w/James - SDR 12	10:00 Crossroad Shopping-O 11:00 WU-Famous People - Inn-3rd 1:30 UNO Madness - Inn-3rd 2:00 Shabbat Service-Conf 3:00 Mix & Mingle w/Tim, piano & Karen, vocals "Big Band Favorites music" -SR 13	10:30 Chair Exercise - Inn-3rd 11:15 Music of the 20's through the 60s" by Tender, vocals/guitar - SR 1:30 Trivia Challenge -Springs - M 2:30 Bingo - SR 3:45 Card Game - Canasta - Inn-4th 14
10:30 WH Church Service -SDR 5:00 Christian Worship Service -SR 15	9:30 Centerpiece Creation-Inn-3rd 10:00 Current Events - LL 11:00 Reminiscing - Inn-3rd 11:30 Madd Hatter's Lunch - O 2:00 WU-Life of John Sousa - SR 3:00 Community Sing-Along - SDR 3:00 Balloon Volleyball - Inn-4th 16	11:00 House Comm. Meeting -Conf 11:30 Word Games - Inn-2nd 1:30 Art w/ Coloring - Inn-2nd 3:00 Scrabble - Inn-4th 3:30 1950s Jukebox music w/Adam-SDR 17	9:00 Walking buddy w/ Maricel - SL 10:30 WU-Art w/Pencils by Aref -ART 11:00 Care Comm. Meeting - Conf. 2:30 WU-History Talk "25th Amendment" Inn-3rd 4:00 WU-Cell Phone 101 - ART 18	11:30 Get Fit w/Maricel - Inn-2nd 4:30 America Themed Event w/Music by James (The Springs-DR) and Tim Ford, keyboard & Jim, vocals - L 5:00 American Cuisine - MDR 19	10:00 Crossroad Shopping-O 11:00 WU-Famous People - Inn-3rd 1:30 UNO Madness -Inn-3rd 2:00 Shabbat Service-Conf 3:00 Mix & Mingle w/The Old Dominion Trio "Music of the 40s, 50s, & 60s" -SR 20	10:30 Stretch and Flex - Inn-3rd 11:15 "Motown Hits & more" w/Jillard, sax- DR 1:30 Crafts Session - Sponge Painting - Spring-M 2:30 Bingo and Prizes - SR 4:00 Puzzle Mania - Inn-4th 21
10:30 WH Church Service-SDR 2:30 Sunday Musicale : The Skytones Summer Concert w/guest musicians - SR 5:00 Christian Worship Service -SR 22	9:30 Centerpiece Creation-Inn-4th 11:00 Big Crosswords - Inn-3rd 1:30 Wii Game - Inn-4th 3:00 Popcorn Social - T 23	11:30 Word Games - Inn-2nd 1:30 Lovely Manicures - Inn-2nd 3:00 Scrabble - Inn-4th 3:30 Variety of Classic Hits & more w/ Ron, vocals/keyboard-SDR 24	9:00 Walking buddy w/Maricel - SL 10:30 WU-Painting Class-ART 1:00 Activity Comm. Mtg.-Conf. 2:00 WU-"American Art, 1900-1945" w/Roshna Kapadia - SR 3:15 WU-Great Decisions "Turkey: a partner in crisis"-SR 25	11:30 Famous Events "Castro's 26th of July Movement" - Inn-4th 11:30 Fun Trivia - Inn-4th 1:30 Scenic Ride - The Inn/TC 3:15 Battle of the Sexes - SR 4:45 Kennedy Center Free Concert - O 26	10:00 Wal-Mart Shopping-O 11:00 WU-Famous People - Inn-3rd 1:30 UNO Madness -Inn-3rd 2:00 Shabbat Service-Conf 3:00 Mix & Mingle w/ Christiana Drapkin's Jazz Duo "Summertime Jazz" - SR 27	10:30 Chair Exercise - Inn-3rd 11:15 Piano w/James - SDR 1:30 Fun Trivia - Spring-M 2:30 Bingo - SR 3:45 Fun Trivia - Inn-4th 28
10:30 WH Church Service-SDR 5:00 Christian Worship Service -SR 29	9:30 Centerpiece Creation-Inn-2nd 2:00 WU-Book Review -LL 1:30 Wii Game - Inn-4th 3:00 Fitness Machine Demo - FC 30	10:30 Open Communion -C 11:30 Word Games - Inn-2nd 1:00 Garden Club Outing - O 1:30 Art w/Coloring - Inn-2nd 3:00 Scrabble - Inn-2nd 3:30 Swing music w/Ernie -SDR 31	<u>July Resident Birthdays</u> Janice Horner 3 Shakun Ghare 6 Jean Vaart 8 Nance Biehl 12 Fred Grimani 14 Ovie Miracle 17	<u>July Resident Birthdays</u> Lawrence Barber 18 Lois Smith 20 Inez Desalle 23 Elizabeth Bliss 28 Ann Snead 30 Paulina White 30		

ACTIVITIES ARE SUBJECT TO CHANGE WITH PRIOR NOTICE. Please refer to our daily sheets for more updated programs & events.	<h1 style="color: red;">JULY 2018</h1> <p>Town Center/The Inn</p>	ACTIVITY LOCATOR KEY ART- Art Room (L level) C- Chapel (L level) CBC- Cherry Blossom Café (SL level) Conf- Conference Room (L level)	FC- Fitness Center (SL level) G- George Hall (HC level) Inn- Assisted Living (2nd, 3rd, 4th) L- Lobby LL- Lobby Library M- Martha Hall (HC level) MDR- Main Dining Room (L Level)	O- Outing S- Solarium (HC level) SDR- Springs Dining Room The Springs- Healthcare (HC level) SR- Sky Room (10th floor) T- Theater (L level) Town Center(TC)- Independent Living
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